Calendar of	Events	Independent Living			August 2024 Senior Star at Dublin Retirement Village	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Keys1st Floor Lobby1Lobby1st Flir East/West Lobby1East/West2ND Floor Theatre Assisted Living2AL Theatre2nd Floor Arts & Crafts Room2AC2nd Floor Piano Lounge2PL2nd Floor Village Lounge2VL3rd Floor Lobby3Lobby3rd Floor2AL ChapelAssisted Living Fitness Center (3rd Floor)AL FCDining Room1DRFitness CenterFCKeller CourtKCLibrary 3rd FloorL	<ul> <li>Exercise &amp; Movement</li> <li>Expression</li> <li>Inner Strength</li> <li>Nourishment &amp; Health</li> <li>Socialization</li> <li>Spirituality</li> </ul>	The <b>Dakim® Brain</b> <b>Fitness</b> System helps to improve your memory and cognitive functioning! Stop at the Front Desk for more information.	Combat Parkinson's with Rock Steady Boxing every Tuesday at 2 pm!	9:00 ▲ We Got The Beat   Drum Fitness [FC]       1         10:00 ▲ Chair Volleyball [3Lobby]       1         10:00 ▲ Fancy Feet: Time to Pamper [2AC]       1         11:00 ▲ Refreshments w/ Dionne [1DR]       1:00 ⓓ Bridge [L]         1:15 ⓓ Bingo [2VL]       2:00 ▲ Delay Parkinson's Exercises [FC]         3:00 ▲ The Village Voices Choral Ensemble [2AL Chapel]       7:00 ⓓ Skat [2AC]	9:30 Schair Exercise Music & Movement [FC]       2         10:30 Hot Brunch [1DR]       12:00 Schart Sawmill Stores/Banks \$ *RSVP [1Lobby]       2         1:00 Caregiver Support Group [2AL Chapel]       1:00 Light Tech Support [3MP]       3:00 M Happy Hour: Featured Drink - French 75 [2VL]         6:30 Rummikub [2AC]       7:00 @ Bingo [2VL]       2	10:00       ▲ Chair Volleyball [3Lobby]       3         11:30       ֎ Open Studio [2AC]       1         1:00       ֎ Feature Film: Anne of Green Gables - Part 2 *Passport Stamp [2VL]       3         2:30       Image: Euchre [2VL]       2         2:30       ▲ Wii Bowling [FC]       6         6:30       @ Rummikub [2AC]       7:00         7:00       Image: Feature Film: Charade *Passport Stamp [3MP]
<ul> <li>8:30 * Church Service Shuttles Begin *RSVP [1Lobby]</li> <li>10:00 * Catholic Mass   Spectrum Channel 13 [1DR]</li> <li>10:00 * Indian Run Methodist Church Church Service (Recorded) [2VL]</li> <li>10:30 * Catholic Communion [3MP]</li> <li>11:00 * Prince of Peace Lutheran (Recorded from Live Stream) [3MP]</li> <li>11:00 ** Feature Film: Charade *Passport Stamp [2VL]</li> <li>7:00 ** Entertainment   Worthington Civic Band [KC]</li> </ul>	9:00 ← Nordic Pole Walking [KC] 9:30 ← Chair Workout w/ Summit Home Care [FC] 10:00 ⑦ Tech Trends   AGI & ChatGPT [3MP] 11:00 ⑦ Current Events [3MP] 1:30 ← Senior Star Olympics *Passport Stamp [1DR] 2:30 ← Wii Bowling [FC] 3:00 ← Senior Star Showstoppers Drama Club [2AL Theatre] 6:30 ⑦ Rummikub [2AC] 7:00 m Euchre [2VL]	9:30        ← Chair Workout [FC]       6         10:00        ← Chair Volleyball [3Lobby]       6         11:00        ⑦ NewsCurrents [3MP]       6         1:00        ⑦ Bridge [L]       6         2:00        ← Rock Steady Boxing [FC]       6         2:15 m Shopping Trip to Kroger or Giant Eagle \$*RSVP [1Lobby]       6         2:30        ← Book Discussion: Spirituality of Aging w/ Rev Phyllis Fetzer [3MP]         6:30 m Netflix Series   Good Witch (Resident Request) [3MP]         7:00        ⑦ Shut the Box - Game [2VL]	9:00 ▲ Rock Steady Boxing [AL FC]       9:30 ▲ Chair Workout w/ Summit Home Care [FC]       7         10:00 ◆ Human Figure Drawing Series [2AC]       11:00 ◆ Vital Check with the Health Care Concierge [3Lobby]       11:30 ⑦ Docuseries: Animal: Season 2: Episode 3: Bears [2VL]         2:00 ▲ Delay Parkinson's Exercises [FC]       2:00 ⑦ Rich's History Class   American Trials [3MP]         3:00 ㎡ Happy Hour [2VL]       6:30 ⑦ Farkle [2VL]         6:30 ⑦ Rummikub [2AC]       7:00 ◆ Summer Concert Series   Craig Ridgeway [KC]	9:00        See Got The Beat   Drum Fitness [FC]       8         10:00        Chair Volleyball [3Lobby]       10:00       8         10:00        Fancy Feet: Time to Pamper [2AC]       10:00       8         11:00        OSU Extension Presentation with Loretta Sweeney [3MP]       1:00       8         1:10        Ø       Bridge [L]       1:15       8         1:15        Ø       Bingo [2VL]       2:00       Summit   Delay Parkinson's Exercises [FC]         4:00 m       Summerfest: Family Carnival & Picnic [KC]       7:00       Ø       Skat [2AC]	9:30        Schair Exercise Music & Movement [FC]       9         10:30        Hot Brunch [1DR]       9         12:00 mt       Shopping Shuttles: Tuttle Mall/ Walmart/Sawmill Stores/Banks \$ *RSVP [1Lobby]       9         1:00        Caregiver Support Group [2AL Chapel]       1:00          1:00        Light Tech Support [3MP]         3:00 mt       Happy Hour: Featured Drink - Sidecar [2VL]         6:30        Rummikub [2AC]         7:00        Bingo [2VL]	9:30 <sup>2</sup> Chair Yoga w/Michelle [FC] 10:00 <sup>A</sup> Chair Volleyball [3Lobby] 11:00 <sup>©</sup> You Tube   The Rise of Emperor Napoleon Bonaparte - Timeline World History Documentaries *Passport Stamp [3MP] 11:30 <sup>A</sup> Open Studio [2AC] 2:30 <sup>A</sup> Euchre [2VL] 2:30 <sup>A</sup> Wil Bowling [FC] 6:30 <sup>©</sup> Rummikub [2AC] 7:00 <sup>H</sup> Feature Film: An American in Paris *Passport Stamp [3MP]
<ul> <li>8:30 Church Service Shuttles Begin *RSVP [1Lobby]</li> <li>10:00 Catholic Mass   Spectrum Channel 13 [1DR]</li> <li>10:00 Indian Run Methodist Church Church Service (Recorded) [2VL]</li> <li>10:30 Catholic Communion [3MP]</li> <li>11:00 Prince of Peace Lutheran (Recorded from Live Stream) [3MP]</li> <li>1:00 Feature Film: An American in Paris *Passport Stamp [2VL]</li> </ul>	9:00 ▲ Nordic Pole Walking [KC]       9:30 ▲ Chair Workout w/ Summit       12         9:30 ▲ Chair Workout w/ Summit       Home Care [FC]       10:00 孝 Coffee & Chat: Resident         10:00 孝 Coffee & Chat: Resident       Activity Planning [1DR]       11:00 @ Current Events [3MP]         11:00 @ Senior Star Olympics * Passport Stamp [1DR]       1:30 @ Senior Star Showstoppers Drama Club [2AL Theatre]         6:30 @ Rummikub [2AC]       7:00 m Euchre [2VL]	9:30        Chair Workout [FC]       13         10:00        Chair Volleyball [3Lobby]       13         11:00        Armchair Travels   France * Passport Stamp [3MP]       13         11:30 m       Lunch Outing   PF Chang's Restaurant * RSVP \$ [1Lobby]       100         11:00        Bridge [L]       200       Rock Steady Boxing [FC]         2:15 m       Shopping Trip to Kroger or Giant Eagle \$ * RSVP [1Lobby]         6:30 m       Netflix Series   Good Witch (Resident Request) [3MP]         7:00        Shut the Box - Game [2VL]	9:00 ▲ Rock Steady Boxing [AL FC]       9:30 ▲ Chair Workout w/ Summit Home Care [FC]       14         10:00 ◆ Human Figure Drawing Series [2AC]       13:00 ⑦ Docuseries: [2VL]       11:30 ⑦ Docuseries: [2VL]         11:30 ⑦ Docuseries: [2VL]       10:00 ◆ Birthday Celebration & Entertainment   Curtis Chamberlain [1DR]       100 ◆ Birthday Celebration & Entertainment   Curtis Chamberlain [1DR]         1:00 ⑦ Columbus Metropolitan Library   Lobby Service [1Lobby]       2:00 ④ Rich's History Class   American Trials [3MP]         3:00 ㎡ Happy Hour [2VL]       6:30 ⑧ Rummikub [2AC]	9:00        We Got The Beat   Drum Fitness [FC]       15         10:00        Chair Volleyball [3Lobby]       15         10:00        Fancy Feet: Time to Pamper [2AC]       10:30         10:30        Residents vs Staff Chair Volleyball [3Lobby]         11:00        Outing   North Market Shuttle * RSVP \$ [1Lobby]         11:00        Øridge [L]         1:15        Øridge [L]         2:00        Delay Parkinson's Exercises [FC]         3:00        The Village Voices Choral Ensemble [2AL Chapel]         7:00        Skat [2AC]	9:30        Chair Exercise Music & Movement [FC]       16         10:30        Hot Brunch [1DR]       16         11:00        Town Hall [1DR]       170         12:00 m       Shopping Shuttles: Tuttle Mall/Walmart/ Sawmill Stores/Banks \$ *RSVP [1Lobby]         1:00        Caregiver Support Group [2AL Chape]         1:00        Light Tech Support [3MP]         3:00 m       Happy Hour: Featured Drink - Long Island Iced Tea [2VL]         6:30        Rummikub [2AC]         7:00        Bingo [2VL]	10:00 Schair Volleyball [3Lobby]       17         11:00 Ø YouTube   Behind the Art: The Louvre's Hidden Engineering Secrets by Get.Factual *Passport Stamp [3MP]         11:30 Im Copen Studio [2AC]         2:30 Im Euchre [2VL]         2:30 Mi Bowling [FC]         6:30 Ø Rummikub [2AC]         7:00 Im Feature Film: Boys in the Boat (Amazon) *Resident Request [3MP]
8:30 * Church Service Shuttles Begin *RSVP [1Lobby] 10:00 * Catholic Mass   Spectrum Channel 13 [1DR] 10:00 * Indian Run Methodist Church Church Service (Recorded) [2VL] 10:30 * Catholic Communion [3MP] 11:00 * Prince of Peace Lutheran (Recorded from Live Stream) [3MP] 1:00 m Feature Film: The Boys in the Boat (Amazon) *Resident Request [2VL] 7:00 * Special Music w/ Cathi Aldrich [2PL]	9:00 ▲ Nordic Pole Walking [KC]       9:30 ▲ Chair Workout w/ Summit Home Care [FC]       19         10:00 Z Resident Ambassador Meeting [3MP]       19         11:00 @ Current Events [3MP]       1:30 ▲ Senior Star Olympics *Passport Stamp [1DR]         2:30 ▲ Wii Bowling [FC]       3:00 * Senior Star Showstoppers Drama Club [2AL Theatre]         6:30 @ Rummikub [2AC]       7:00 m Euchre [2VL]	9:30        Chair Workout [FC]       200         10:00        Chair Volleyball [3Lobby]       200         11:00        NewsCurrents [3MP]       200         12:00        Summit   Senso: Benefits of Assessments [FC]       100         1:00        Bridge [L]       200         2:00        Rock Steady Boxing [FC]       215         2:15 m       Shopping Trip to Kroger or Giant Eagle \$ *RSVP [1Lobby]         2:30        Book Discussion: Spirituality of Aging w/ Rev Phyllis Fetzer [3MP]         6:30 m       Netflix Series   Good Witch (Resident Request) [3MP]         7:00        Shut the Box - Game [2VL]	9:00        Rock Steady Boxing [AL FC]         9:30 <	9:00 ▲ We Got The Beat   Drum Fitness [FC]       222         10:00 ▲ Chair Volleyball [3Lobby]       222         10:00 ▲ Fancy Feet: Time to Pamper [2AC]       12:30 ▲ Outing   Ohio History Center *RSVP \$ [1Lobby]         1:00 @ Bridge [L]       1:15 @ Bingo [2VL]         2:00 ▲ Summit   Delay Parkinson's Exercises [FC]       3:00 ★ The Village Voices Choral Ensemble [2AL Chapel]         6:15 # Outing   Abbey Theatre: An Umbrella on a Rainy, Rainy Day *RSVP \$ [1Lobby]         7:00 @ Skat [2AC]	9:30 Schair Exercise Music & Movement [FC]       23         10:30 Hot Brunch [1DR]       12:00 M Shopping Shuttles: Tuttle Mall/Walmart/Sawmill Stores/Banks \$ *RSVP [1Lobby]         1:00 Caregiver Support Group [2AL Chapel]         1:00 Light Tech Support [3MP]         3:00 M Happy Hour: Featured Drink - Frozen Margarita [2VL]         6:30 @ Rummikub [2AC]         7:00 @ Bingo [2VL]	9:30        Chair Yoga w/Michelle [FC]       24         10:00        Chair Volleyball [3Lobby]       24         11:30        Open Studio [2AC]         1:00        Feature Film: Killers of the Flower Moon (Resident Request on Amazon) [3MP]         2:30        Euchre [2VL]         2:30        Wii Bowling [FC]         6:30        Rummikub [2AC]         7:00        Feature Film: Julie & Julia * Passport Stamp [3MP]
8:30 * Church Service Shuttles Begin *RSVP [1Lobby] 10:00 * Catholic Mass   Spectrum Channel 13 [1DR] 10:00 * Indian Run Methodist Church Church Service (Recorded) [2VL] 10:30 * Catholic Communion [3MP] 11:00 * Prince of Peace Lutheran (Recorded from Live Stream) [3MP] 1:00 # Feature Film: Julie & Julia * Passport Stamp [2VL] 7:00 * Jazz Pianist Wade Jones [2PL]	9:00 & Nordic Pole Walking [KC] 9:30 & Chair Workout w/ Summit Home Care [FC]	9:30 ♣ Chair Workout [FC]       227         10:00 ♣ Chair Volleyball [3Lobby]       227         11:00 @ Dakim Training with Darko [2PL]       210         11:00 @ NewsCurrents [3MP]       11:30 m Lunch Outing   Beer Barrel * RSVP \$ [1Lobby]         12:30 # What's Cookin'? [1DR]       1:00 @ Bridge [L]         2:00 ♣ Rock Steady Boxing [FC]       2:15 m Shopping Trip to Kroger or Giant Eagle \$ *RSVP [1Lobby]         4:00 # Themed Dinner   Olympic Celebration *Passport Stamp [1DR]       6:30 m Netflix Series   Good Witch (Resident Request) [3MP]         7:00 @ Shut the Box - Game [2VL]       100	9:00 A Rock Steady Boxing [AL FC] 9:30 Chair Workout w/ Summit Home Care [FC] 10:00 Women's Breakfast Social *RSVP [1DR] 11:30 Docuseries   Penguin Town: Homecoming [2VL] 2:00 Delay Parkinson's Exercises [FC] 2:00 Rich's History Class   American Trials [3MP] 3:00 III Happy Hour [2VL] 6:30 @ Farkle [2VL] 6:30 @ Rummikub [2AC]	9:00   We Got The Beat   Drum Fitness [FC] 29 10:00   Fancy Feet: Time to Pamper [2AC] 1:00   Fancy Feet: Time to P	9:30 Chair Exercise Music & Movement [FC] 300 10:00 Shapemaster [FC] 10:30 Hot Brunch [1DR] 12:00 Shopping Shuttles: Tuttle Mall/Walmart/ Sawmill Stores/Banks \$ *RSVP [1Lobby] 1:00 Caregiver Support Group [2AL Chapel] 1:00 Light Tech Support [3MP] 3:00 Happy Hour (Memory Lane Edition): Featured Drink - Adult Milkshakes [2VL] 6:30 Rummikub [2AC] 7:00 Bingo [2VL]	10:00 ← Chair Volleyball [3Lobby] 11:30 ★ Open Studio [2AC] 1:00 ⑦ YouTube Documentary   Exploring France's Beautiful Alpine Region   Ray Mears Wild France Compilation *Passport Stamp [3MP] 2:30 ★ Wii Bowling [FC] 6:30 ⑦ Rummikub [2AC] 7:00 m Feature Film: Les Misérables * Passport Stamp [3MP]