


Calendar of Events

Assisted Living

July 2024
Senior Star at Elmore Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	ShapeMaster Room Open 1 9:00 Target Shopping Trip (RSVP) [ML] 10:30 Therapy Dog Visit [PR] 2:30 Resident Led Color Me Calm 6:00 Card Club! Meet & Play Cards! [CL]	Dakim Brain Fitness 2 ShapeMaster Room Open 9:00 <u>Walgreens Outing (RSVP)</u> 10:30 Light 'N' Lively Exercise [3rd] 1:00 Red, White & Blue Mocktails on Front Porch 2:00 Trivia and Games on Front Porch 8:30 Indiana Fever Basketball Game [TH]	ShapeMaster Room Open 3 9:30 Bible Study with Pastor Paul [CH] 10:00 <u>Hy-Vee Outing (RSVP)</u> 10:30 Chair Exercise: Drums Alive! 12:30 Fireworks Painting! [3] 2:00 Bingo [ALFR]	ShapeMaster Room Open 4 10:30 Resident Led Sittercize Exercise [3rd] 1:00 Catholic Mass (IL) [ILDR]	Dakim Brain Fitness 5 ShapeMaster Room Open 9:30 Resident Led: Color Me Calm [3] 10:00 Play Puzzles with a Friend [2] 1:00 Resident Led: Walking Club [ML] 1:30 'Cruising the QC' Bus Ride	ShapeMaster Room Open 6 10:00 Meet Friends for Coffee [PR] 12:00 Meet & Play Board Games [PR] 12:30 Brain Buster Packet [FD] 1:00 Resident Led: Walking Club [ML] 2:00 Puzzles, Puzzles, Puzzles! [2] 6:00 Movie Night: Footloose! [TH]	
	ShapeMaster Room Open 7 8:00 Church Shuttle: List of Churches at Front Desk 1:00 Porch Pals: Meet on Porch & Chat! [FP] 2:30 Kings on The Corner Card Game [CL] 6:00 Movie Night: Meet & Choose the Movie! [TH]	ShapeMaster Room Open 8 9:00 Target Shopping Trip (RSVP) [ML] 9:30 Dakim Brain Game Tutorial and Sign up! [L] 10:30 Chair Exercise [3rd] 1:00 Touring Senior Star w/ Baylee [ML] 2:00 Painting Class [ALFR] 6:00 Card Club! Meet & Play Cards! [CL]	Dakim Brain Fitness 9 ShapeMaster Room Open 9:15 <u>Food Forum: Dining Feedback Meeting [DR]</u> 10:30 Light 'N' Lively Exercise [3rd] 12:00 <u>Rock Steady Boxing (Parkinson's Specific Class)</u> 1:00 Lets Paint A Cement Alligator! [3]	ShapeMaster Room Open 10 9:30 Water Bottle Leg Exercise 10:00 <u>Hy-Vee Outing (RSVP)</u> 10:30 Chair Exercise 2:00 Bingo [ALFR]	ShapeMaster Room Open 11 9:30 Devotionals (Inspirational Story-Telling) [CH] 10:30 Sittercize Exercise [3rd] 12:00 <u>Rock Steady Boxing (Parkinson's Specific Class)</u> 1:00 Peanut Butter Pong! [3] 3:30 Canadian Themed Happy Hour with Ron! [DR]	Dakim Brain Fitness 12 ShapeMaster Room Open 10:30 Zumba [3rd] 11:30 Lunch Outing: Pizza Ranch RSVP REQ'D (\$) [ML] 1:30 'Cruising the QC' Bus Ride 2:30 Senior Stretch	ShapeMaster Room Open 13 10:00 Meet Friends for Coffee [PR] 12:00 Meet & Play Board Games [PR] 12:30 Brain Buster Packet [FD] 1:00 Resident Led: Walking Club [ML] 2:00 Puzzles, Puzzles, Puzzles! [2] 6:00 Movie Night: The Breakfast Club [TH]
	ShapeMaster Room Open 14 8:00 Church Shuttle: List of Churches at Front Desk 1:00 Porch Pals: Meet on Porch & Chat! [FP] 2:30 Kings on The Corner Card Game [CL] 6:00 Movie Night: Meet & Choose the Movie! [TH]	ShapeMaster Room Open 15 9:00 Target Shopping Trip (RSVP) [ML] 10:30 Chair Exercise [3rd] 2:30 Resident Led Color Me Calm [ALFR] 3:00 Alzheimer's / Dementia Care Giver Support Group 6:00 Card Club! Meet & Play Cards! [CL]	Dakim Brain Fitness 16 ShapeMaster Room Open 9:00 <u>Walgreens Outing (RSVP)</u> 10:30 Light 'N' Lively Exercise [3rd] 12:00 <u>Rock Steady Boxing (Parkinson's Specific Class)</u>	ShapeMaster Room Open 17 9:30 Bible Study with Pastor Paul [CH] 10:00 <u>Hy-Vee Outing (RSVP)</u> 10:30 Chair Exercise: Drums Alive! 10:45 Laughter Yoga & Guided Meditation 2:00 Bingo [ALFR]	ShapeMaster Room Open 18 9:30 Devotionals (Inspirational Story-Telling) [CH] 10:30 Sittercize Exercise [3rd] 12:00 <u>Rock Steady Boxing (Parkinson's Specific Class)</u> 1:00 <u>Catholic Mass (AL) [ALFR]</u> 2:00 Activity Planning Meeting: Pick Weekend Movies! [ALFR] 3:00 Happy Hour with Oscar the Pianist [DR]	Dakim Brain Fitness 19 ShapeMaster Room Open 9:00 Traveling to Canada Video in Theatre [TH] 10:30 Zumba [3rd] 11:30 Lunch Outing: The Machine Shed RSVP REQ'D (\$) [ML] 1:00 Independence Day Craft [3] 1:30 'Cruising the QC' Bus Ride 2:00 Happy Hour on the Front Porch! [FP]	ShapeMaster Room Open 20 10:00 Meet Friends for Coffee [PR] 12:00 Meet & Play Board Games [PR] 12:30 Brain Buster Packet [FD] 1:00 Resident Led: Walking Club [ML] 2:00 Advanced Bingo: 2 Card Bingo [ALFR] 6:00 Movie Night: American Graffiti [TH]
	ShapeMaster Room Open 21 8:00 Church Shuttle: List of Churches at Front Desk 1:00 Porch Pals: Meet on Porch & Chat! [FP] 2:30 Kings on The Corner Card Game [CL] 6:00 Movie Night: Meet & Choose the Movie! [TH]	ShapeMaster Room Open 22 9:00 Target Shopping Trip (RSVP) [ML] 10:30 Chair Exercise [3rd] 2:30 Resident Led Color Me Calm [ALFR] 6:00 Card Club! Meet & Play Cards! [CL]	Dakim Brain Fitness 23 ShapeMaster Room Open 9:30 Coffee Brews & News with Baylee [PR] 10:30 Light 'N' Lively Exercise [3rd] 12:00 <u>Rock Steady Boxing (Parkinson's Specific Class)</u> 1:00 Variety Lemonade Social [PR] 2:00 Table Hockey! [FR]	ShapeMaster Room Open 24 9:00 Dakim Brain Game Tutorial and Sign up! [L] 10:00 <u>Hy-Vee Outing (RSVP)</u> 10:30 Chair Exercise 12:30 Blind Drink Taste Testers w/ Prizes [ALFR] 2:00 Bingo [ALFR]	ShapeMaster Room Open 25 9:30 Devotionals (Inspirational Story-Telling) [CH] 10:30 Sittercize Exercise [3rd] 12:00 <u>Rock Steady Boxing (Parkinson's Specific Class)</u> 1:00 Beginner's Craft [3] 3:00 Happy Hour w/ Oscar the Pianist [DR]	Dakim Brain Fitness 26 ShapeMaster Room Open 9:30 Lets Play with our Therapy Dog Stella! [ML] 10:30 Zumba [3rd] 11:30 Lunch Outing: Flips Pancake House RSVP REQ'D (\$) [ML] 1:30 'Cruising the QC' Bus Ride 2:00 Music on the Porch!	ShapeMaster Room Open 27 10:00 Meet Friends for Coffee [PR] 12:00 Meet & Play Board Games [PR] 12:30 Brain Buster Packet [FD] 1:00 Resident Led: Walking Club [ML] 2:00 Puzzles, Puzzles, Puzzles! [2] 6:00 Movie Night: Moneyball [TH]
	ShapeMaster Room Open 28 8:00 Church Shuttle: List of Churches at Front Desk 1:00 Porch Pals: Meet on Porch & Chat! [FP] 2:30 Kings on The Corner Card Game [CL] 6:00 Movie Night: Meet & Choose the Movie! [TH]	ShapeMaster Room Open 29 9:00 Target Shopping Trip (RSVP) [ML] 10:30 Chair Exercise [3rd] 1:00 Town Hall Meeting with Annette [DR] 2:30 Resident Led Color Me Calm [ALFR] 6:00 Card Club! Meet & Play Cards! [CL]	Dakim Brain Fitness 30 National Friendship Day! ShapeMaster Room Open 9:30 Coffee Brews & News with Baylee [PR] 10:30 Light 'N' Lively Exercise [3rd] 12:00 <u>Rock Steady Boxing (Parkinson's Specific Class)</u> 1:00 Meet Your Neighbors Activity [ALFR] 2:00 Watermelon Social [PR]	ShapeMaster Room Open 31 9:30 Next Month Calendar Review [PR] 10:00 <u>Hy-Vee Outing (RSVP)</u> 10:30 Chair Exercise: Drums Alive! 2:00 Bingo [ALFR]	Location Keys 2nd Floor Puzzle Area 2 3rd Floor 3rd 3rd Floor Activity Room 3 3rd Floor Card Lounge CL Assisted Living Family Room (2nd Floor) ALFR Chapel CH Dining Room DR Family Room FR Front Desk FD Front Porch FP IL Dining Room ILDR Library L Meet in Lobby ML Popcorn Room PR Theater TH		