Calendar of	Events	$\overline{\mathbf{N}}$	Temory Care		Senior	July 2024 Star at Elmore Place
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul> <li>         ⊕ Brain Power         ← Exercise &amp; Movement         ← Expression         ← Inner Strength         ← Nourishment &amp; Health         ← Socialization         ← Spirituality         </li> </ul>	9:15 Sit N Be Fit [AR] 10:00 Pamper Hour [AR] 10:00 Therapy Dog Visit 11:15 Picnic at Vander Veer 1:00 Afternoon Matinee 2:00 Devotional Stories [AR] 3:00 Ice Cream Malt Social 3:30 Lucynt Interactive Table 6:00 Noodle ball	9:15 Sit & Be Fit [AR]  10:00 M Morning Cruise [AR]  1:00 New Rock Steady Boxing (Parkinson's Specific)  2:00 New Baking Club  3:00 New IN2L: Trivia [AR]  6:00 M Card Shark	9:15 M Classic TV Shows [AR]  10:00 M Women's Coffee Club  1:00 Color Me Calm [AR] 3:00 Karaoke [AR] 6:00 Noodle ball	9:15 Sit N Be Fit 10:00 Creative Minds [AR]  11:30 M 4th of July Cookout! 1:00 Catholic Mass 1:30 M Afternoon Cruise 2:30 Pamper Hour [AR] 3:30 Lucynt Interactive Table 6:00 Chicken Chucking [AR]	9:00 Pool w/ Nichol! 9:15 Sit & Be Fit [AR] 9:45 Guided Meditation 10:15 Communion 10:30 Worship & Hymn Sing [AR] 1:00 Dakim Brain Fitness 2:00 News Currents 3:30 Happy Hour with Tom and Lucy 6:00 Movie Night	9:15 Star Stretchers [AR]  10:00 Meditation and Music  10:30 Classic TV Shows [AR]  1:00 Puzzles Puzzles Puzzles!!! [AR]  3:00 MBingo [AR]  6:00 MToss N' Talk Ball [AR]
9:15 Morning Bible reading  10:00 National Mass  10:30 Morning Massage  1:00 Morning Mas	9:15  Zumba 10:00 Pamper Hour [AR] 11:15 Lunch Bunch 1:00 Afternoon Matinee 2:00 Devotional Stories [AR] 3:00 Ice Cream Malt Social 3:30 Lucynt Interactive Table 6:00 Noodle ball	9:15 Sit & Be Fit [AR]  10:00 Morning Cruise [AR]  1:00 Laughter is the Best Medicine  1:00 Rock Steady Boxing (Parkinson's Specific)  2:00 Baking Club  3:00 IN2L: Trivia [AR]  6:00 Card Shark	9:15 M Classic TV Shows [AR]  10:00 M Men's Coffee Club 1:00 Color Me Calm [AR] 3:00 Karaoke [AR] 6:00 Noodle ball	9:15 Sit N Be Fit 10:00 Creative Minds [AR] 1:00 Hand Massages 1:30 Afternoon Cruise 2:30 Pamper Hour [AR] 3:30 Lucynt Interactive Table 6:00 Chicken Chucking [AR]	9:00 Some Pool w/ Nichol! 9:15 Some Sit & Be Fit [AR] 9:45 Guided Meditation 10:15 Communion 10:30 Worship & Hymn Sing [AR] 1:00 Dakim Brain Fitness 2:00 News Currents 3:00 Canada Happy Hour with Roger 6:00 Spelling Bee [AR]	9:15 Star Stretchers [AR]  10:00 Meditation and Music  10:30 Classic TV Shows [AR]  1:00 Bingo [AR]  6:00 Toss N' Talk Ball [AR]
9:15 Morning Bible reading  10:00 National Mass  10:30 Morning Massage  1:00 Color Me Calm  3:00 World Travels  3:30 Snoezelen Room Group Activity  6:00 Hymn Sing [AR]	9:15 Drums Alive 10:00 Pamper Hour [AR] 11:15 Lunch Bunch 1:00 Afternoon Matinee 2:00 Devotional Stories [AR] 3:00 Alzheimer's / Dementia Care Giver Support Group 3:00 Lucynt Interactive Table 6:00 Noodle ball	9:15 Sit & Be Fit [AR]  10:00 M Morning Cruise [AR]  1:00 Rock Steady Boxing (Parkinson's Specific)  2:00 Baking Club  3:00 IN2L: Trivia [AR]  6:00 M Card Shark	9:15 M Classic TV Shows [AR] 10:00 M Women's Coffee Club 1:00 Color Me Calm [AR] 3:00 Karaoke [AR] 6:00 Noodle ball	9:15 Sit N Be Fit 10:00 Creative Minds [AR]  1:00 Catholic Mass 1:30 Afternoon Cruise 2:00 Happy Hour with Dennis 3:30 Lucynt Interactive Table 6:00 Chicken Chucking [AR]	9:00 Pool w/ Nichol! 9:15 Sit & Be Fit [AR] 9:45 Guided Meditation 10:15 Communion 10:30 Worship & Hymn Sing [AR] 1:00 Dakim Brain Fitness 2:00 News Currents 3:00 Universal Yums [AR] 6:00 Movie Night	9:15 ♣ Star Stretchers [AR]  10:00 ♣ Meditation and Music  10:30 ★ Classic TV Shows [AR]  1:00 ♠ Puzzles Puzzles Puzzles!!! [AR]  3:00 ★ Bingo [AR]  6:00 ★ Toss N' Talk Ball [AR]
9:15 Morning Bible reading  10:00 National Mass  10:30 Morning Massage  1:00 Morning Bible reading  1:0:00 Mational Mass	9:15 Sumba 10:00 Pamper Hour [AR] 11:15 Lunch Bunch 1:00 Afternoon Matinee 1:30 Water Fight! 3:00 Lucynt Interactive Table 6:00 Noodle ball	9:15 Sit & Be Fit [AR]  10:00 M Morning Cruise [AR]  11:30 Canadian Themed Lunch  1:00 Laughter is the Best Medicine  1:00 Rock Steady Boxing (Parkinson's Specific)  2:00 Baking Club  3:00 IN2L: Trivia [AR]  6:00 Card Shark	9:15 m Classic TV Shows [AR]  10:00 m Men's Coffee Club 1:00 Color Me Calm [AR] 3:00 Karaoke [AR] 6:00 Noodle ball	3:00 Meet and Greet with Emily 9:15 Sit N Be Fit 10:00 Creative Minds [AR] 1:00 Hand Massages 1:30 Afternoon Cruise 2:30 Pamper Hour [AR] 3:30 Lucynt Interactive Table 6:00 Chicken Chucking [AR]	9:00 Some Pool w/ Nichol! 9:15 Some Sit & Be Fit [AR] 9:45 Guided Meditation 10:15 Communion 10:30 Worship & Hymn Sing [AR] 1:00 Dakim Brain Fitness 2:00 News Currents 3:00 Happy Hour with Don 6:00 Spelling Bee [AR]	9:15 Star Stretchers [AR] 10:00 Meditation and Music 10:30 Classic TV Shows [AR] 1:00 Bingo [AR] 6:00 Toss N' Talk Ball [AR]
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program 3x/week

sharpens your mind!

Wednesday's at 1:00 pm