


# Calendar of Events

# Assisted Living

August 2024  
Senior Star at Elmore Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><b>Location Keys</b></p> <ul style="list-style-type: none"> <li>2nd Floor Puzzle Area 2</li> <li>3rd Floor 3rd</li> <li>3rd Floor Activity Room 3</li> <li>3rd Floor Card Lounge CL</li> <li>Assisted Living Family Room (2nd Floor) ALFR</li> <li>Assisted Living Theater (1st Floor) ALTH</li> <li>Chapel CH</li> <li>Dining Room DR</li> <li>Front Desk FD</li> <li>Front Porch FP</li> <li>IL Dining Room ILDR</li> <li>Library L</li> <li>Meet in Lobby ML</li> <li>Popcorn Room PR</li> <li>Theater TH</li> </ul>				
	<ul style="list-style-type: none"> <li> Brain Power</li> <li> Exercise &amp; Movement</li> <li> Expression</li> <li> Inner Strength</li> <li> Nourishment &amp; Health</li> <li> Socialization</li> <li> Spirituality</li> </ul>					
<p><b>ShapeMaster Room Open 4</b></p> <p>8:00 ☀ Church Shuttle: List of Churches at Front Desk</p> <p>1:00 🗺️ Porch Pals: Meet on Porch &amp; Chat! [FP]</p> <p>2:30 🎲 Kings on The Corner Card Game [CL]</p> <p>6:00 🎬 Movie Night: Meet &amp; Choose the Movie! [TH]</p>	<p><b>ShapeMaster Room Open 5</b></p> <p>9:00 🗺️ Target Shopping Trip (RSVP) [ML]</p> <p>10:30 🎲 Chair Exercise [3rd]</p> <p>10:30 🐾 <b>Therapy Dog Visit [PR]</b></p> <p>2:30 🎲 Resident Led Color Me Calm [ALFR]</p> <p>6:00 🎲 Card Club! Meet &amp; Play Cards! [CL]</p>	<p><b>Dakim Brain Fitness 6</b></p> <p><b>ShapeMaster Room Open 6</b></p> <p>9:00 🗺️ <u>Walgreens Outing (RSVP)</u></p> <p>9:30 🎲 Morning Brain Busters &amp; Chats [PR]</p> <p>10:30 🎲 Light 'N' Lively Exercise [3rd]</p> <p>12:00 🎲 <u>Rock Steady Boxing (Parkinson's Specific Class)</u></p> <p>1:00 🎲 Wheel of Fortune</p> <p>3:00 🎲 Crosswords and Sudoku [PR]</p>	<p><b>ShapeMaster Room Open 7</b></p> <p>9:30 ☀ <b>Bible Study with Pastor Paul [CH]</b></p> <p>10:00 🎲 <u>Hy-Vee Outing (RSVP)</u></p> <p>10:30 🎲 Chair Exercise</p> <p>10:45 🎲 <b>Laughter Yoga &amp; Guided Meditation</b></p> <p>2:00 🎲 <b>Bingo [ALFR]</b></p>	<p><b>ShapeMaster Room Open 8</b></p> <p>9:30 ☀ Inspirational Video of the Day [ALTH]</p> <p>10:30 🎲 Sittercize Exercise [3rd]</p> <p>12:00 🎲 <u>Rock Steady Boxing (Parkinson's Specific Class)</u></p> <p>1:00 🎲 <u>Catholic Mass (IL) [ILDR]</u></p> <p>2:00 🎲 Make Your Own Mini Pizzas</p> <p>3:00 🗺️ <b>Happy Hour with Darlene! [DR]</b></p>	<p><b>Dakim Brain Fitness 9</b></p> <p><b>ShapeMaster Room Open 9</b></p> <p>9:30 🎲 Dakim Tutorial and Sign up!</p> <p>10:30 🎲 Zumba [3rd]</p> <p>12:45 🎲 <b>Lunch Outing: Whitey's Ice Cream RSVP REQ'D [ML]</b></p> <p>1:30 🎲 'Cruising the QC' Bus Ride</p> <p>2:00 🎲 Piano Recital Performance</p>	<p><b>ShapeMaster Room Open 10</b></p> <p>9:00 🎲 Resident Led: Walking Club [ML]</p> <p>10:00 🎲 Meet Friends for Coffee [PR]</p> <p>12:00 🎲 Meet &amp; Play Board Games [PR]</p> <p>2:00 🎲 Beach Themed Bingo!</p> <p>3:00 🎲 National Smores Day: Smores on the Back Patio!</p> <p>6:00 🗺️ Movie Night: Spencer's Mountain [TH]</p>
<p><b>ShapeMaster Room Open 11</b></p> <p>8:00 ☀ Church Shuttle: List of Churches at Front Desk</p> <p>1:00 🗺️ Porch Pals: Meet on Porch &amp; Chat! [FP]</p> <p>2:30 🎲 Kings on The Corner Card Game [CL]</p> <p>6:00 🎬 Movie Night: Meet &amp; Choose the Movie! [TH]</p>	<p><b>ShapeMaster Room Open 12</b></p> <p>9:00 🗺️ Target Shopping Trip (RSVP) [ML]</p> <p>10:00 🎲 Boredom Buster Packet: See Front Desk [FD]</p> <p>2:30 🎲 Resident Led Color Me Calm [ALFR]</p> <p>6:00 🎲 Card Club! Meet &amp; Play Cards! [CL]</p>	<p><b>Dakim Brain Fitness 13</b></p> <p><b>ShapeMaster Room Open 13</b></p> <p>9:15 🎲 <u>Food Forum: Dining Feedback Meeting [DR]</u></p> <p>9:30 🎲 Morning Brain Busters &amp; Chats [PR]</p> <p>10:30 🎲 Light 'N' Lively Exercise [3rd]</p> <p>1:00 🎲 Cooking Club: Mini Quesadillas &amp; Salsa [DR]</p> <p>3:00 🎲 Trivia on Front Porch [FP]</p>	<p><b>ShapeMaster Room Open 14</b></p> <p>9:00 🎲 Dakim Tutorial and Sign up! [L]</p> <p>10:00 🎲 <u>Hy-Vee Outing (RSVP)</u></p> <p>10:30 🎲 Chair Exercise: Drums Alive!</p> <p>12:00 🎲 Lets Play with our Therapy Dog Stella! [ML]</p> <p>2:00 🎲 <b>Bingo [ALFR]</b></p>	<p><b>ShapeMaster Room Open 15</b></p> <p>9:30 🎲 Inspirational Video &amp; Story-Telling [ALTH]</p> <p>10:30 🎲 Sittercize Exercise [3rd]</p> <p>1:00 ☀ <u>Catholic Mass (AL) [ALFR]</u></p> <p>2:00 🎲 Activity Planning Meeting</p> <p>3:00 🗺️ <b>Happy Hour [DR]</b></p>	<p><b>Dakim Brain Fitness 16</b></p> <p><b>ShapeMaster Room Open 16</b></p> <p>9:30 🎲 Sightseeing Stroll Walk [ML]</p> <p>10:30 🎲 Chair Exercise [3rd]</p> <p>11:15 🎲 <b>Lunch Outing: Pizza &amp; A Movie (RSVP REQ'D) [ML]</b></p> <p>1:30 🎲 'Cruising the QC' Bus Ride</p> <p>2:30 🎲 Music on the Front Porch! [FP]</p>	<p><b>ShapeMaster Room Open 17</b></p> <p>10:00 🎲 Meet Friends for Coffee [PR]</p> <p>12:00 🎲 Meet with Friends &amp; Play Board Games [PR]</p> <p>12:30 🎲 Brain Buster Packet [FD]</p> <p>1:00 🎲 Resident Led: Walking Club [ML]</p> <p>2:00 🎲 Puzzles, Puzzles, Puzzles! [2]</p> <p>6:00 🗺️ Movie Night: Singin' in the Rain [TH]</p>
<p><b>ShapeMaster Room Open 18</b></p> <p>8:00 ☀ Church Shuttle: List of Churches at Front Desk</p> <p>1:00 🗺️ Porch Pals: Meet on Porch &amp; Chat! [FP]</p> <p>2:30 🎲 Kings on The Corner Card Game [CL]</p> <p>6:00 🎬 Movie Night: Meet &amp; Choose the Movie! [TH]</p>	<p><b>ShapeMaster Room Open 19</b></p> <p>9:00 🗺️ Target Shopping Trip (RSVP) [ML]</p> <p>2:30 🎲 Resident Led Color Me Calm [ALFR]</p> <p>3:00 🎲 <b>Alzheimer's / Dementia Care Giver Support Group [ALTH]</b></p> <p>6:00 🎲 Card Club! Meet &amp; Play Cards! [CL]</p>	<p><b>Dakim Brain Fitness 20</b></p> <p><b>ShapeMaster Room Open 20</b></p> <p>9:00 🗺️ <u>Walgreens Outing (RSVP)</u></p> <p>9:30 🎲 Morning Brain Busters &amp; Chats [PR]</p> <p>10:30 🎲 Light 'N' Lively Exercise [3rd]</p> <p>12:00 🎲 <u>Rock Steady Boxing (Parkinson's Specific Class)</u></p> <p>1:00 🎲 Wii Bowling [CL]</p> <p>3:00 🎲 Nail Painting (RSVP REQ'D at Front Desk) [PR]</p>	<p><b>National Senior Day! 21</b></p> <p><b>ShapeMaster Room Open 21</b></p> <p>9:30 ☀ <b>Bible Study with Pastor Paul [CH]</b></p> <p>10:00 🎲 <u>Hy-Vee Outing (RSVP)</u></p> <p>10:30 🎲 Chair Exercise</p> <p>10:45 🎲 <b>Laughter Yoga &amp; Guided Meditation</b></p> <p>11:00 🎲 Tech Helpers: Bring your Electronics and Learn how to use it! [ALFR]</p> <p>2:00 🎲 <b>Bingo [ALFR]</b></p>	<p><b>ShapeMaster Room Open 22</b></p> <p>9:30 🎲 Inspirational Video &amp; Story-Telling [ALTH]</p> <p>10:30 🎲 Sittercize Exercise [3rd]</p> <p>12:00 🎲 <u>Rock Steady Boxing (Parkinson's Specific Class)</u></p> <p>1:00 🎲 Group Painting Activity [ALFR]</p> <p>3:00 🗺️ <b>Happy Hour with James Ryan [DR]</b></p>	<p><b>Dakim Brain Fitness 23</b></p> <p><b>ShapeMaster Room Open 23</b></p> <p>9:00 🎲 Traveling to France Video [TH]</p> <p>10:30 🎲 Zumba [3rd]</p> <p>11:15 🎲 <b>Lunch Outing: Celebration Belle RSVP REQ'D (\$) [ML]</b></p> <p>1:30 🎲 'Cruising the QC' Bus Ride</p> <p>2:30 🎲 Music on the Front Porch! [FP]</p>	<p><b>ShapeMaster Room Open 24</b></p> <p>10:00 🎲 Meet Friends for Coffee [PR]</p> <p>12:00 🎲 Meet with Friends &amp; Play Board Games [PR]</p> <p>12:30 🎲 Brain Buster Packet [FD]</p> <p>1:00 🎲 Butterfly Art Craft [3]</p> <p>2:00 🎲 Puzzles, Puzzles, Puzzles! [2]</p> <p>6:00 🗺️ Movie Night: Giant [TH]</p>
<p><b>ShapeMaster Room Open 25</b></p> <p>8:00 ☀ Church Shuttle: List of Churches at Front Desk</p> <p>1:00 🗺️ Porch Pals: Meet on Porch &amp; Chat! [FP]</p> <p>2:30 🎲 Kings on The Corner Card Game [CL]</p> <p>6:00 🎬 Movie Night: Meet &amp; Choose the Movie! [TH]</p>	<p><b>ShapeMaster Room Open 26</b></p> <p>9:00 🗺️ Target Shopping Trip (RSVP) [ML]</p> <p>10:30 🎲 Chair Exercise [3rd]</p> <p>1:00 🎲 <b>Town Hall Meeting with Annette [DR]</b></p> <p>2:30 🎲 Resident Led Color Me Calm [ALFR]</p> <p>6:00 🎲 Card Club! Meet &amp; Play Cards! [CL]</p>	<p><b>Dakim Brain Fitness 27</b></p> <p><b>ShapeMaster Room Open 27</b></p> <p>9:30 🎲 Morning Brain Busters &amp; Chats [PR]</p> <p>10:30 🎲 Light 'N' Lively Exercise [3rd]</p> <p>12:00 🎲 <u>Rock Steady Boxing (Parkinson's Specific Class)</u></p> <p>1:00 🎲 <b>Tie Dye: Bring a Plain T Shirt! [3]</b></p> <p>3:00 🎲 Trivia on Front Porch [FD]</p>	<p><b>ShapeMaster Room Open 28</b></p> <p>9:00 🗺️ Donut Social</p> <p>10:00 🎲 <u>Hy-Vee Outing (RSVP)</u></p> <p>10:30 🎲 Chair Exercise: Drums Alive!</p> <p>12:00 🗺️ New Resident Housewarming Lunch</p> <p>1:00 🎲 Music and Memory Demonstration</p> <p>2:00 🎲 <b>Bingo [ALFR]</b></p>	<p><b>ShapeMaster Room Open 29</b></p> <p>9:30 🎲 Inspirational Video &amp; Story-Telling [ALTH]</p> <p>10:30 🎲 Sittercize Exercise [3rd]</p> <p>12:00 🎲 <u>Rock Steady Boxing (Parkinson's Specific Class)</u></p> <p>1:00 🗺️ Farewell Summer Party Social</p> <p>3:00 🗺️ <b>Happy Hour with Don Gustofson [DR]</b></p>	<p><b>Dakim Brain Fitness 30</b></p> <p><b>ShapeMaster Room Open 30</b></p> <p>10:30 🎲 Zumba [3rd]</p> <p>11:15 🎲 <b>Lunch Outing: Picnic at the Park! RSVP REQ'D (\$) [ML]</b></p> <p>1:30 🎲 'Cruising the QC' Bus Ride</p> <p>2:30 🎲 Music on the Front Porch! [FP]</p>	<p><b>ShapeMaster Room Open 31</b></p> <p>10:00 🎲 Meet Friends for Coffee [PR]</p> <p>12:00 🎲 Meet with Friends &amp; Play Board Games [PR]</p> <p>12:30 🎲 Brain Buster Packet [FD]</p> <p>1:00 🎲 Resident Led: Walking Club [ML]</p> <p>2:00 🎲 Puzzles, Puzzles, Puzzles! [2]</p> <p>6:00 🗺️ Movie Night: Casablanca [TH]</p>