

# Calendar of Events

# Assisted Living

July 2024  
The Kenwood by Senior Star

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li> Brain Power</li> <li> Exercise &amp; Movement</li> <li> Expression</li> <li> Inner Strength</li> <li> Nourishment &amp; Health</li> <li> Socialization</li> <li> Spirituality</li> </ul>	<p>10:00  Dog Visits [3P]</p> <p>11:00  Chess Match [4C]</p> <p>11:10  Meditation Class [MT]</p> <p>11:45  Chair Yoga with Becky [MT]</p> <p>1:50  Military Monday Movie [4T]</p> <p>2:00  Watermelon Party with Dick Watson</p> <p>4:00  Chair Exercise w/ Buckeye [3P]</p> <p>4:00  Rosary Prayer Group [MR]</p>	<p>9:45  Seated Strength Class w/Buckeye [MT]</p> <p>11:00  Diane Shields Lecture [MT]</p> <p>1:30  Canasta Group [AS]</p> <p>1:30  Jewelry Making [4C]</p> <p>2:00  A Stitch in Time Group [QC]</p> <p>2:15  Afternoon Movie: [4T]</p> <p>4:15  Happy Hour [3P]</p> <p>6:30  Bingo [4C]</p>	<p>10:00  Bible Scripture Study [QC]</p> <p>10:15  Rock Steady Boxing for Parkinson's</p> <p>11:00  Lunch Outing to Coopers Hawk (R)</p> <p>2:00  Basic Fitness w/ Buckeye [4P]</p> <p>2:00  Klau Library Program [MT]</p> <p>4:00  Creative Canvas [4C]</p>	<p>Independence Day <i>Wear Patriotic Colors!</i></p> <p>10:00  Rosary Service [4T]</p> <p>10:30  Mass Services [4T]</p> <p>11:15  Sit &amp; Be Fit [MT]</p> <p>12:30  Mahjong Group [AS]</p> <p>2:00  4th of July Craft [4C]</p> <p>3:30  Diane Shields Lecture [MT]</p>	<p>11:00  Flower Arranging [4C]</p> <p>12:00  Balance with Buckeye [MT]</p> <p>1:15  Tai Chi w/ Kristen Dietsch [MT]</p> <p>2:00  News Currents [4P]</p> <p>3:00  Zumba Gold [4P]</p> <p>4:00  Shabbat Service: Dara Wood [AS]</p> <p>4:15  Happy Hour [3P]</p> <p>6:30  Early Evening Movie Night [ALT]</p>	<p>3:00  Classical Music Review [ALT]</p> <p>6:30  Saturday Night Movie [4T]</p>
<p>11:00  Hymn Singing [MR]</p> <p>11:00  Presbyterian Service Streamed [MT]</p> <p>2:00  Afternoon Movie [MT]</p> <p>2:00  Afternoon Stretch [4C]</p> <p>2:00  Afternoon Stretch [4C]</p>	<p>9:40  Water Aerobics w/ Alice [3C]</p> <p>11:00  Chess Match [4C]</p> <p>11:10  Meditation Class [MT]</p> <p>11:45  Chair Yoga with Becky [MT]</p> <p>1:50  Military Monday Movie [4T]</p> <p>2:00  Lemonade Party with Tammy Powelle</p> <p>4:00  Chair Exercise w/ Buckeye [3P]</p> <p>4:00  Rosary Prayer Group [MR]</p>	<p>9:45  Seated Strength Class w/Buckeye [MT]</p> <p>11:00  Diane Shields Lecture [MT]</p> <p>1:30  Canasta Group [AS]</p> <p>1:30  Jewelry Making [4C]</p> <p>2:00  A Stitch in Time Group [QC]</p> <p>2:15  Afternoon Movie: [4T]</p> <p>3:30  Jump Ministries Concert [MT]</p> <p>4:15  Happy Hour [3P]</p> <p>6:30  Bingo [4C]</p>	<p>10:00  Bible Scripture Study [QC]</p> <p>10:15  Rock Steady Boxing for Parkinson's</p> <p>10:45  Lunch Outing to Ferari's Little Italy and Bakery (R)</p> <p>11:00  Nourishing Minds w/the Rabbi [MR]</p> <p>2:00  Basic Fitness w/ Buckeye [4P]</p> <p>4:00  Creative Canvas [4C]</p>	<p>11:15  Sit &amp; Be Fit [MT]</p> <p>12:30  Mahjong Group [AS]</p> <p>2:00  Culinary Class [4C]</p> <p>3:30  Diane Shields Lecture [MT]</p>	<p>11:00  Omnimax: Blue Whales (R)</p> <p>11:30  Omnimax Outing: Blue Whales (R) [L]</p> <p>1:15  Tai Chi w/ Kristen Dietsch [MT]</p> <p>2:00  News Currents [4P]</p> <p>2:45  Chair Exercises [4P]</p> <p>3:00  Brain Games w/Buckeye [MT]</p> <p>4:00  Shabbat Service: Dara Wood [AS]</p> <p>4:15  July Birthday Themed Happy Hour [3P]</p> <p>6:30  Early Evening Movie Night [ALT]</p>	<p>3:00  Classical Music Review [4T]</p> <p>6:30  Saturday Night Movie [4T]</p>
<p>11:00  Hymn Singing [MR]</p> <p>11:00  Presbyterian Service Streamed [MT]</p> <p>2:00  Afternoon Movie [MT]</p> <p>2:00  Zumba Gold [4C]</p>	<p>10:00  Dog Visits [3P]</p> <p>11:10  Meditation Class [MT]</p> <p>11:45  Chair Yoga with Becky [MT]</p> <p>2:30  Banana Gram [4C]</p> <p>2:30  Military Monday Movie [4T]</p> <p>3:30  Brain Games [4C]</p> <p>4:00  Chair Exercise w/ Buckeye [3P]</p> <p>4:00  Rosary Prayer Group [MR]</p>	<p>9:45  Seated Strength Class w/Buckeye [MT]</p> <p>11:00  Diane Shields Lecture [MT]</p> <p>1:30  Canasta Group [AS]</p> <p>1:30  Town Hall [4T]</p> <p>2:00  A Stitch in Time Group [QC]</p> <p>4:15  Happy Hour [3P]</p> <p>6:30  Bingo [4C]</p>	<p>10:00  Bible Scripture Study [QC]</p> <p>10:15  Rock Steady Boxing for Parkinson's</p> <p>11:00  New! Dividat Senso Class [3C]</p> <p>1:30  Jewelry Repair [4C]</p> <p>2:00  Basic Fitness w/ Buckeye [4P]</p> <p>4:00  Creative Canvas [4C]</p>	<p>10:00  Rosary Service [4T]</p> <p>10:30  Mass Services [4T]</p> <p>11:15  Sit &amp; Be Fit [MT]</p> <p>12:30  Mahjong Group [AS]</p> <p>2:00  Adventures to Canada! [MT]</p> <p>2:00  Bingo [4C]</p> <p>3:30  Diane Shields Lecture [MT]</p>	<p>11:00  Making Dream Catchers</p> <p>12:00  Balance with Buckeye [MT]</p> <p>1:15  Tai Chi w/ Kristen Dietsch [MT]</p> <p>2:00  News Currents [4P]</p> <p>3:00  Zumba Gold [4P]</p> <p>4:00  Shabbat Service: Dara Wood [AS]</p> <p>4:15  Happy Hour [3P]</p> <p>6:30  Early Evening Movie Night [ALT]</p>	<p>3:00  Classical Music Review [ALT]</p> <p>6:30  Saturday Night Movie [4T]</p>
<p>11:00  Hymn Singing [MR]</p> <p>11:00  Presbyterian Service Streamed [MT]</p> <p>2:00  Afternoon Movie [MT]</p> <p>2:00  Shape Master [3C]</p>	<p>9:40  Water Aerobics w/ Alice [3C]</p> <p>11:00  Chess Match [4C]</p> <p>11:10  Meditation Class [MT]</p> <p>11:45  Chair Yoga with Becky [MT]</p> <p>1:50  Military Monday Movie [4T]</p> <p>4:00  Chair Exercise w/ Buckeye [3P]</p> <p>4:00  Rosary Prayer Group [MR]</p>	<p>9:45  Seated Strength Class w/Buckeye [MT]</p> <p>11:00  Diane Shields Lecture [MT]</p> <p>1:30  Canasta Group [AS]</p> <p>1:30  Jewelry Making [4C]</p> <p>2:00  A Stitch in Time Group [QC]</p> <p>2:15  Afternoon Movie: [4T]</p> <p>4:15  Happy Hour [3P]</p> <p>6:30  Bingo [4C]</p>	<p>10:00  Bible Scripture Study [QC]</p> <p>10:15  Rock Steady Boxing for Parkinson's</p> <p>10:30  Outing to First Watch (R) [L]</p> <p>11:00  Brunch Outing to First Watch (R) [3C]</p> <p>2:00  Basic Fitness w/ Buckeye [4P]</p> <p>2:00  Reds Speaker: George Foster [MT]</p> <p>4:00  Creative Canvas [4C]</p>	<p>Library Book Delivery</p> <p>11:15  Sit &amp; Be Fit [MT]</p> <p>12:30  Mahjong Group [AS]</p> <p>2:00  Culinary Class [4C]</p> <p>3:30  Diane Shields Lecture [MT]</p>	<p>1:15  Tai Chi w/ Kristen Dietsch [MT]</p> <p>2:00  News Currents [4P]</p> <p>2:45  Chair Exercises [4P]</p> <p>3:00  Brain Games w/Buckeye [MT]</p> <p>4:00  Shabbat Service: Dara Wood [AS]</p> <p>4:15  Happy Hour [3P]</p> <p>6:30  Early Evening Movie Night [ALT]</p>	<p>12:00  Kenwood Family Buffet</p> <p>3:00  Classical Music Review [ALT]</p> <p>6:30  Saturday Night Movie [4T]</p>
<p>11:00  Hymn Singing [MR]</p> <p>11:00  Presbyterian Service Streamed [MT]</p> <p>2:00  Afternoon Movie [MT]</p> <p>2:00  Bingo [4C]</p>	<p>10:00  Dog Visits [3P]</p> <p>11:00  Chess Match [4C]</p> <p>11:10  Meditation Class [MT]</p> <p>11:45  Chair Yoga with Becky [MT]</p> <p>1:50  Military Monday Movie [4T]</p> <p>4:00  Chair Exercise w/ Buckeye [3P]</p> <p>4:00  Rosary Prayer Group [MR]</p>	<p>9:45  Seated Strength Class w/Buckeye [MT]</p> <p>11:00  Diane Shields Lecture [MT]</p> <p>1:30  Canasta Group [AS]</p> <p>1:30  July Craft [4C]</p> <p>2:00  A Stitch in Time Group [QC]</p> <p>2:15  Afternoon Movie: [4T]</p> <p>4:15  Happy Hour [3P]</p> <p>6:30  Bingo [4C]</p>	<p>10:00  Bible Scripture Study [QC]</p> <p>10:15  Rock Steady Boxing for Parkinson's</p> <p>11:00  Lunch Outing to BonBonerie (R)</p> <p>2:00  Basic Fitness w/ Buckeye [4P]</p> <p>4:00  Creative Canvas [4C]</p>	<p>Location Keys</p> <ul style="list-style-type: none"> <li>AL 3 Common Area</li> <li>AL 3 Patio Common Area</li> <li>AL 4 Common Area</li> <li>AL 4 Patio Common Area</li> <li>AL 4th Floor Theater</li> <li>AL Theater, 4th Fl</li> <li>Art Studio, 6th Fl</li> <li>Marquis Theater, 1st Fl</li> <li>Meet in the Lobby, 1st Fl</li> <li>Music Room, 9th Fl</li> <li>Queen City Room, 7th Fl</li> </ul>	<p>The Music &amp; Memory Program uses favorite music from throughout the years on a personal playlist for reminiscing and to improve your mood. Join us this month!</p>	<p>* Programs are subject to change. Please check your weekly calendar for up to date events .</p> <p>The Daily Chronicle is available at the nurses station every Sat. and Sun after 10:00AM. Feel free to pick one up!</p>