

Calendar of Events

Independent Living

July 2024
The Kenwood by Senior Star

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality 	<p>10:00 Water Aerobics w/ Alice [P] 1</p> <p>11:00 Chess Match [4C]</p> <p>11:10 Meditation Class [MT]</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:00 Fine Arts Matinee [MT]</p> <p>1:30 Senso Demo (R) [FR]</p> <p>1:30 Shopping - Downtown Madeira [L]</p> <p>2:00 Chair Exercise w/ Buckeye [3P]</p> <p>2:00 Poker Party [MN]</p> <p>4:00 Rosary Prayer Group [MR]</p> <p>7:30 Travel w/Brian Jorg: Edinburgh [MT]</p>	<p>9:45 Seated Strength Class w/ Buckeye [MT] 2</p> <p>10:30 Memorable Melodies [LI]</p> <p>11:00 Diane Shields: Ben Franklin [MT]</p> <p>1:30 Canasta Group [AS]</p> <p>1:30 Jewelry Making [4C]</p> <p>2:00 Stitch Together w/Ruth [QC]</p> <p>2:15 New Series: The Great Trials of World History... [MT]</p> <p>3:30 Biking the Byways [MT]</p> <p>6:30 Bingo [4C]</p> <p>7:30 Movie: THE BUCKET LIST - Comedy w/ Jack Nicholson & Morgan Freeman [MT]</p>	<p>10:00 Bible Scripture Study [QC] 3</p> <p>10:00 Water Aerobics w/ Alice [P]</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>1:30 Rummikub [WC]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:00 Klau Library Program [MT]</p> <p>2:00 Poker Party [MN]</p> <p>3:30 Book Club [MR]</p> <p>7:30 Movie [MT]</p>	<p>Independence Day <i>Wear Patriotic Colors!</i> 4</p> <p>10:00 European Tours [MT]</p> <p>10:00 Praying the Rosary [4T]</p> <p>10:30 Catholic Mass [4T]</p> <p>11:15 Sit & Be Fit [MT]</p> <p>12:30 Mahjong Group [AS]</p> <p>1:00 Watermelon Party! [WC]</p> <p>2:00 4th of July Craft [4C]</p> <p>5:30 Kenwood Smoke House [MDR]</p> <p>7:30 Movie [MT]</p>	<p>10:00 Floral Arranging (R) [MT] 5</p> <p>12:00 Balance with Buckeye [MT]</p> <p>1:15 Tai Chi w/ Kristen Dietsch [MT]</p> <p>2:00 Poker Party [MN]</p> <p>3:00 Zumba Gold [4P]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:30 Happy Hour: Jim Kelley [WC]</p> <p>7:30 New Release Movie [MT]</p>	<p>10:30 SHOPPING TRIP TO WAL-MART [L] 6</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Evening Movie</p>
<p>11:00 Hymn Singing [MR] 7</p> <p>11:00 Presbyterian Service Streamed [MT]</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:00 Afternoon Stretch [4C]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Movie [MT]</p>	<p>10:00 Water Aerobics w/ Alice [P] 8</p> <p>11:00 Chess Match [4C]</p> <p>11:10 Meditation Class [MT]</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:30 Programs Planning Meeting [MT]</p> <p>1:30 Shopping - Downtown Madeira [L]</p> <p>2:00 Chair Exercise w/ Buckeye [3P]</p> <p>2:00 Poker Party [MN]</p> <p>4:00 Rosary Prayer Group [MR]</p> <p>4:30 Outing to Firehouse Grill (R) [L]</p> <p>7:30 Documentary [MT]</p>	<p>9:30 News Currents [MT] 9</p> <p>9:45 Seated Strength Class w/ Buckeye [MT]</p> <p>10:30 Memorable Melodies [LI]</p> <p>11:00 Diane Shields: Battle of Lexington & Concord [MT]</p> <p>1:30 Canasta Group [AS]</p> <p>1:30 Jewelry Making [4C]</p> <p>2:00 Stitch Together w/Ruth [QC]</p> <p>2:15 New Series: The Great Trials of World History... [MT]</p> <p>3:30 Jump Ministries Concert [MT]</p> <p>6:30 Bingo [4C]</p> <p>7:00 Card Making w/Brenda (R) [MR]</p> <p>7:30 Evening Movie [MT]</p>	<p>10:00 Bible Scripture Study [QC] 10</p> <p>10:00 Water Aerobics w/Alice [P]</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>11:00 Lunch Outing: Ferrari's Little Italy (R)</p> <p>11:00 Nourishing Minds w/the Rabbi [MR]</p> <p>1:30 Rummikub [WC]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:00 Poker Party [MN]</p> <p>3:30 Name That Tune! [WC]</p> <p>7:30 Concert w/Ricky Nye [MT]</p>	<p>10:00 European Tours [MT] 11</p> <p>11:15 Sit & Be Fit [MT]</p> <p>12:30 Mahjong Group [AS]</p> <p>3:00 Mixology: Featuring Canada! [WC]</p> <p>3:30 Diane Shields: Hollywood! Kirk Douglas [MT]</p> <p>7:30 Movie [MT]</p>	<p>11:30 Omnimax Outing: Blue Whales (R) [L] 12</p> <p>1:15 Tai Chi w/ Kristen Dietsch [MT]</p> <p>2:00 Poker Party [MN]</p> <p>3:00 Brain Games w/Buckeye [MT]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:45 Happy Hour w/Denny D. [WC]</p> <p>7:30 New Release Movie [MT]</p>	<p>10:30 SHOPPING TRIP TO WAL-MART [L] 13</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:00 Cincinnati Youth Orchestra Concert [MT]</p> <p>7:30 Evening Movie</p>
<p>11:00 Hymn Singing [MR] 14</p> <p>11:00 Presbyterian Service Streamed [MT]</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:00 Zumba Gold [4C]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Movie [MT]</p>	<p>10:00 Water Aerobics w/ Alice [P] 15</p> <p>11:10 Meditation Class [MT]</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:00 Fine Arts Matinee [MT]</p> <p>1:30 Shopping - Downtown Madeira [L]</p> <p>2:00 Chair Exercise w/ Buckeye [3P]</p> <p>2:00 Poker Party [MN]</p> <p>3:15 Fine Arts Class (R) [AS]</p> <p>4:00 Rosary Prayer Group [MR]</p> <p>7:30 Spittin' Image Concert [MT]</p>	<p>9:45 Seated Strength Class w/ Buckeye [MT] 16</p> <p>10:30 Memorable Melodies [LI]</p> <p>11:00 Diane Shields: The Mona Lisa [MT]</p> <p>1:30 Canasta Group [AS]</p> <p>1:30 Senso Demo (R) [FR]</p> <p>2:00 Stitch Together w/Ruth [QC]</p> <p>2:15 New Series: The Great Trials of World History... [MT]</p> <p>3:30 Biking the Byways [MT]</p> <p>5:30 Kenwood Theme Dinner Night- Oh Canada! [MDR]</p> <p>6:30 Bingo [4C]</p> <p>7:30 Evening Movie [MT]</p>	<p>10:00 Bible Scripture Study [QC] 17</p> <p>10:00 Water Aerobics w/Alice [P]</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>1:30 Jewelry Repair [4C]</p> <p>1:30 Rummikub [WC]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:00 Poker Party [MN]</p> <p>2:00 Town Hall Meeting [MT]</p> <p>5:00 Jimmy Buffet Party (R) [MN]</p> <p>7:30 Movie [MT]</p>	<p>10:00 European Tours [MT] 18</p> <p>10:00 Praying the Rosary [4T]</p> <p>10:30 Catholic Mass [4T]</p> <p>11:15 Sit & Be Fit [MT]</p> <p>12:30 Mahjong Group [AS]</p> <p>2:00 Adventures to Canada! [MT]</p> <p>3:30 Diane Shields: Ludwig van Beethoven [MT]</p> <p>4:30 Happy Hour with JFS [WC]</p> <p>7:30 Movie [MT]</p>	<p>11:00 Making Dream Catchers 19</p> <p>12:00 Balance with Buckeye [MT]</p> <p>1:15 Tai Chi w/ Kristen Dietsch [MT]</p> <p>2:00 Poker Party [MN]</p> <p>2:30 Ice Cream Social [WC]</p> <p>3:00 Zumba Gold [4P]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:30 Happy Hour w/Dick Watson [WC]</p> <p>7:30 New Release Movie [MT]</p>	<p>10:30 SHOPPING TRIP TO WAL-MART [L] 20</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Evening Movie</p>
<p>11:00 Hymn Singing [MR] 21</p> <p>11:00 Presbyterian Service Streamed [MT]</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Movie [MT]</p>	<p>10:00 Water Aerobics-CANCELED [P] 22</p> <p>11:00 Chess Match [4C]</p> <p>11:10 Meditation Class [MT]</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:30 Shopping - Downtown Madeira [L]</p> <p>2:00 Chair Exercise w/ Buckeye [3P]</p> <p>2:00 Poker Party [MN]</p> <p>3:00 Buckeye Health Matters: Balance [MT]</p> <p>4:00 Rosary Prayer Group [MR]</p> <p>7:30 Cincinnati Jazz Train Concert [MT]</p>	<p>9:30 News Currents [MT] 23</p> <p>9:45 Seated Strength Class w/ Buckeye [MT]</p> <p>10:30 Memorable Melodies [LI]</p> <p>11:00 Diane Shields: Chef Julia Child [MT]</p> <p>1:00 Bill the Bridge Coach (R)</p> <p>1:30 Canasta Group [AS]</p> <p>1:30 Jewelry Making [4C]</p> <p>2:00 Stitch Together w/Ruth [QC]</p> <p>2:15 New Series: The Great Trials of World History... [MT]</p> <p>3:30 Biking the Byways [MT]</p> <p>6:30 Bingo [4C]</p> <p>7:30 Evening Movie [MT]</p>	<p>10:00 Bible Scripture Study [QC] 24</p> <p>10:00 Water Aerobics-CANCELED [P]</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>10:30 Outing to First Watch (R) [L]</p> <p>1:30 Rummikub [WC]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:00 Poker Party [MN]</p> <p>2:00 Reds Speaker: George Foster [MT]</p> <p>3:00 Men's Discussion Group</p> <p>7:30 Movie [MT]</p>	<p>Library Book Delivery 25</p> <p>10:00 European Tours [MT]</p> <p>11:15 Sit & Be Fit [MT]</p> <p>12:30 Mahjong Group [AS]</p> <p>3:30 Diane Shields: Alexander Hamilton [MT]</p> <p>7:30 Mr. Chris & the Cruisers [FP]</p>	<p>10:30 Krohn's Conservatory Outing (R) [L] 26</p> <p>1:15 Tai Chi w/ Kristen Dietsch [MT]</p> <p>2:00 Poker Party [MN]</p> <p>3:00 Brain Games w/Buckeye [MT]</p> <p>4:00 Shabbat Service: Dara Wood [AS]</p> <p>4:30 Happy Hour w/ Phil DeGreg [WC]</p> <p>7:30 New Release Movie [MT]</p>	<p>10:30 SHOPPING TRIP TO WAL-MART [L] 27</p> <p>12:00 Kenwood Family Buffet</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Evening Movie</p>
<p>11:00 Hymn Singing [MR] 28</p> <p>11:00 Presbyterian Service Streamed [MT]</p> <p>1:30 Open Gym [FR]</p> <p>2:00 Afternoon Movie [MT]</p> <p>2:00 Bingo [4C]</p> <p>2:30 Independent Card/Board Games [AS]</p> <p>7:30 Movie [MT]</p>	<p>10:00 Water Aerobics w/ Alice [P] 29</p> <p>11:00 Chess Match [4C]</p> <p>11:10 Meditation Class [MT]</p> <p>11:45 Chair Yoga with Becky [MT]</p> <p>1:00 Fine Arts Matinee [MT]</p> <p>1:30 Senso Demo (R) [FR]</p> <p>1:30 Shopping - Downtown Madeira [L]</p> <p>2:00 Chair Exercise w/ Buckeye [3P]</p> <p>2:00 Poker Party [MN]</p> <p>4:00 Rosary Prayer Group [MR]</p> <p>7:30 Documentary [MT]</p>	<p>9:45 Seated Strength Class w/ Buckeye [MT] 30</p> <p>10:30 Memorable Melodies [LI]</p> <p>11:00 Diane Shields: Sitting Bull... [MT]</p> <p>1:30 Canasta Group [AS]</p> <p>1:30 July Craft [4C]</p> <p>2:00 Stitch Together w/Ruth [QC]</p> <p>2:15 New Series: The Great Trials of World History... [MT]</p> <p>3:30 Biking the Byways [MT]</p> <p>6:30 Bingo [4C]</p> <p>7:30 Lecture: Life and Work of Marc Chagall [MT]</p>	<p>10:00 Bible Scripture Study [QC] 31</p> <p>10:00 Water Aerobics w/ Alice [P]</p> <p>10:15 Rock Steady Boxing for Parkinson's</p> <p>11:00 Lunch Outing to BonBonerie (R)</p> <p>1:30 Rummikub [WC]</p> <p>2:00 Basic Fitness w/ Buckeye [4P]</p> <p>2:00 Poker Party [MN]</p> <p>3:30 Name That Tune! [WC]</p> <p>7:30 Movie [MT]</p>	<p>Location Keys</p> <ul style="list-style-type: none"> AL 3 Patio Common Area AL 4 Common Area AL 4 Patio Common Area AL 4th Floor Theater Art Studio, 6th Fl Fitness Room Front Parking Lot Library, 1st Fl Main Dining Room, 1st Fl Marquis Theater, 1st Fl Meet in the Lobby, 1st Fl Moonlight Terrace, 16th Fl Music Room, 9th Fl Pool, 1st Floor Queen City Room, 7th Fl Wine Cellar, 1st Floor 	<p>Always Available M-F: DAKIM, 9th FL</p> <p>The Buckeye Nurse Is In 9am-12pm, 5th Floor</p> <p>Shape Master, 3 FL Gym</p> <p>Sign up for programs in the lobby for items with an (R)!</p>	<p>The Dakim Brain Fitness System is always available for use on the 9th floor! See the front desk or Programs staff for a form to sign up!</p>