Calendar of Events

Assisted Living

August 2024

The Kenwood by Senior Star

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|---|---|--|---|--|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday Saturday |
| ❷ Brain Power ➡ Exercise & Movement ☻ Expression ☻ Inner Strength ঙ Nourishment & Health ฬ Socialization ❖ Spirituality | Location Keys AL 3 Common Area 3C AL 3 Patio Common Area 3P AL 4 Common Area 4C AL 4 Patio Common Area 4P AL 4th FI AL4 AL 4th Floor Theater 4T AL Theater, 4th FI ALT Art Studio, 6th FI Library, 1st FI LIbrary, 1st FI Main Dining Room, 1st FI Marquis Theater, 1st FI Music Room, 9th FI Queen City Room, 7th FI QC | | * Programs are subject to change. Please check your weekly calendar for up to date events . The Daily Chronicle is available at the nurses station every Sat. and Sun after 10:00AM. Feel free to pick one up! | 10:00 Croissants & Coffee [LI] 10:00 Rosary Service [4] 10:30 Mass Services [4T] 11:15 Has Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 1:45 Mand Olympic Parade [3C] 3:30 Art Lecture: Mary Cassat [MT] | 2:00 % News Currents [4P] 3:00 \$\rightarrow\$ Zumba Gold [4P] 4:00 \$\rightarrow\$ Shabbat Service: Dara Wood [AS] 4:15 \$\frac{14}{14}\$ Olympic Themed Happy Hour [3P] 6:30 \$\rightarrow\$ Early Evening Movie Night: The Wizard of Oz [ALT] 6:30 \$\rightarrow\$ Saturday Night Movie: Freedom Writers [4T] |
| 11:00 Hymn Singing [MR] 11:00 Presbyterian Service Streamed [MT] 2:00 French Craft [4C] 2:00 Pianist James Loughrey [MT] | 11:10 ♣ Meditation Class [MT] 11:45 ↔ Chair Yoga with Becky [MT] 1:50 ★ Military Monday Movie [4T] 2:00 ♣ Author Sherrie Rutherford Presents [MT] 2:00 ↔ Chair Exercise w/ Buckeye [4P] 2:00 ♥ Live Music with Jim Kelly 4:00 ★ Rosary Prayer Group [MR] | 9:45 Seated Strength Class w/Buckeye [MT] 11:00 Diane Shields: Hearst Castle [MT] 1:30 Canasta Group [AS] 1:30 Jewelry Making [4C] 2:00 A Stitch in Time Group [QC] 2:15 Afternoon Movie: [4T] 4:15 Happy Hour [3P] 6:30 Bingo [4C] | 10:00 ★ Bible Scripture Study [QC] 10:15 ← Rock Steady Boxing for Parkinson's 1:00 ▼ Ice Cream Run to Aglamesis Brothers (R) [LI] 2:00 ← Basic Fitness w/ Buckeye [4P] 2:00 ★ Klau Library Program [MT] 4:00 ❤ Creative Canvas [4C] | I I I I I I I I I I I I I I I I I I I | 9:40 Danish at your Door 1:15 Tai Chi w/ Kristen Dietsch [MT] 2:00 News Currents [4P] 3:00 Brain Games w/Buckeye [MT] 4:00 Shabbat Service: Dara Wood [AS] 4:15 Happy Hour [3P] 6:30 Early Evening Movie Night [ALT] |
| 11:00 Hymn Singing [MR] 11:00 Presbyterian Service Streamed [MT] 2:00 Afternoon Movie [MT] 2:00 Zumba Gold [4C] | 11:10 Meditation Class [MT] 11:45 Chair Yoga with Becky [MT] 1:50 Military Monday Movie [4T] 2:00 Chair Exercise w/ Buckeye [4P] 2:00 Dog Party and Live Music with Tammy Powell 3:30 Brain Games [4C] 4:00 Rosary Prayer Group [MR] | 9:45 Seated Strength Class w/Buckeye [MT] 11:00 Diane Shields: Charles de Gaulle [MT] 1:30 Canasta Group [AS] 1:30 Jewelry Making [4C] 2:00 A Stitch in Time Group [QC] 4:15 Happy Hour [3P] 6:30 Bingo [4C] | 10:00 ★ Bible Scripture Study [QC] 10:15 ★ Rock Steady Boxing-CANCELLED 11:00 【 Lunch Outing to Olive Garden [LI] 11:00 ♣ Nourishing Minds w/the Rabbi [MR] 2:00 ★ Basic Fitness w/ Buckeye [4P] 4:00 ♠ Creative Canvas [4C] | | 11:00 Chess Match [4C] 12:00 Balance with Buckeye [MT] 1:15 Tai Chi w/ Kristen Dietsch [MT] 2:00 News Currents [4P] 3:00 Tumba Gold [4P] 4:00 Shabbat Service: Dara Wood [AS] 4:15 Birthday Themed Happy Hour [3P] 6:30 Early Evening Movie Night [ALT] |
| 11:00 Hymn Singing [MR] 11:00 Presbyterian Service Streamed [MT] 2:00 Afternoon Movie [MT] 2:00 Bingo [4C] | 8 11:10 ♣ Meditation Class [MT] 11:45 ↔ Chair Yoga with Becky [MT] 1:50 ★ Military Monday Movie [4T] 2:00 ♠ Banana Gram [4C] 3:00 ↔ Chair Volley Ball Game w/ Buckeye [3P] 3:30 ♠ Brain Games [4C] 4:00 ♠ Rosary Prayer Group [MR] 6:30 ♠ Bingo with Encompass [AL4] | 9:45 Seated Strength Class w/Buckeye [MT] 11:00 Diane Shields: King Edward VIII [MT] 1:30 Canasta Group [AS] 1:30 Town Hall [4T] 2:00 A Stitch in Time Group [QC] 4:15 Happy Hour [3P] 5:30 Cafe de Kenwood: Paris Night! [MDR] 6:30 M Bingo [4C] | 10:00 ★ Bible Scripture Study [QC] 10:15 → Rock Steady Boxing for Parkinson's 2:00 → Basic Fitness w/ Buckeye [4P] 4:00 ● Creative Canvas [4C] | Library Book Delivery 11:15 Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 2:00 Snow Cone social [4C] 3:30 Diane Shields: City of Venice [MT] | 2 11:00 © Chess Match [4C] 1:15 Tai Chi w/ Kristen Dietsch [MT] 2:00 © News Currents [4P] 2:45 Chair Exercises [4P] 3:00 © Brain Games w/Buckeye [MT] 4:00 Shabbat Service: Dara Wood [AS] 4:15 W Happy Hour [3P] 6:30 Early Evening Movie Night [ALT] |
| 11:00 Hymn Singing [MR] 11:00 Presbyterian Service Streamed [MT] 2:00 Afternoon Movie [MT] 2:00 Afternoon Stretch [40] | 2:00 Chair Exercise w/ Buckeye [3P] | 9:45 Seated Strength Class w/Buckeye [MT] 11:00 Diane Shields: USS Cincinnati [MT] 1:30 MAtternoon Tea [4T] 2:00 A Stitch in Time Group [QC] 4:15 MATHERING Happy Hour [3P] 6:30 MBingo [4C] | 10:00 ★ Bible Scripture Study [QC] 10:15 ↔ Rock Steady Boxing for Parkinson's 2:00 ♣ August Craft [4C] 2:00 ↔ Basic Fitness w/ Buckeye [4P] 4:00 ♣ Creative Canvas [4C] | 11:15 → Sit & Be Fit [MT] 12:30 Mahjong Group [AS] 2:00 Culinary Class [4C] 3:30 Diane Shields: Inchon! Korean War [MT] | 11:00 |