



Memory Care & Support
SAMPLE MENU

SeniorStar.com/Dublin

Monday

Choice of Cold Cereal

Egg of Choice
Sausage
Fruit

Milk/Beverage/Assorted Juice

Tuesday

Choice of Cold Cereal

Egg of Choice
Bacon
Danish
Fruit

Milk/Beverage/Assorted Juice

Wednesday

Choice of Cold Cereal

Egg of Choice
Waffle
Sausage
Fruit

Milk/Beverage/Assorted Juice

Thursday

Choice of Cold Cereal

Egg of Choice
Bacon
Toast
Fruit

Milk/Beverage/Assorted Juice

Friday

Choice of Cold Cereal

Egg of Choice
Sausage
Scone
Fruit

Milk/Beverage/Assorted Juice

Saturday

Choice of Cold Cereal

Oatmeal
Bacon
Danish
Fruit

Milk/Beverage/Assorted Juice

Sunday

Egg of Choice
Biscuit & Sausage Gravy
Fruit
Milk/Beverage/Assorted Juice



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Monday

Loaded Potato Soup

Grilled Cranberry Turkey Sandwich
Fruit

*****Dessert*****
Assorted Cookies

Tuesday

Cabbage Soup

Sloppy Joe on a Bun
Fruit

*****Dessert*****
Spiced Cupcake

Wednesday

Turkey & Wild Rice Soup

Mini Bacon Grilled Cheese Sandwiches
Fruit

*****Dessert*****
Brownie Bites

Thursday

Stuffed Pepper Soup

Chicken Quesadilla Bites
Fruit

*****Dessert*****
Assorted Cookies

Friday

Tomato Basil Soup

Grilled Ham & Cheese Sandwich
Fruit

*****Dessert*****
Ice Cream Bar

Saturday

Vegetable Soup

BBQ Pork Sliders
Fruit

*****Dessert*****
Chocolate Mousse

Sunday

Chicken Vegetable Soup
Tuna Salad Sandwich
Fruit

*****Dessert*****
Sweet Bread



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Monday

Peach Salad with Feta
Fruit Topped Pancake
Bacon

*****Dessert*****

Strawberry Yogurt Parfait

Tuesday

Tuna Noodle Casserole
Avocado Salad
with Chicken

*****Dessert*****

Apple Cobbler

Wednesday

Beef Burgundy
over Mashed Potatoes
Broccoli & Cauliflower

*****Dessert*****

Assorted Dessert

Thursday

Lemon Pepper Chicken
Pesto Pasta
Harvard Beets

*****Dessert*****

Angel Food Cake

Friday

Baked Cod
Rosemary Redskins Potatoes
Corn

*****Dessert*****

Banana Bread

Saturday

Broccoli, Ham & Cheese Quiche Bites
Zucchini Sticks
Cornbread Muffin

*****Dessert*****

Assorted Dessert

Sunday

Chef Salad
Meat Lasagna
Zucchini, Garlic Bread

*****Dessert*****

Chocolate Layer Cake