



Memory Care & Support

SAMPLE BREAKFAST MENU

SeniorStar.com/WexfordPlace

Monday

Hot or Cold Cereal
Egg of Choice
Bacon
Honey Butter Biscuit
Fresh Fruit Cup

Milk/Beverage/Assorted Juice

Tuesday

Choice of Cold Cereal
Banana Split Oatmeal
Sausage Patty
Fresh Fruit Cup

Milk/Beverage/Assorted Juice

Wednesday

Hot or Cold Cereal
Sausage Patty
Brioche French Toast
with syrup
Fresh Fruit Cup

Milk/Beverage/Assorted Juice

Thursday

Hot or Cold Cereal
Cheese Omelet
Bacon
Toast
Fresh Fruit Cup

Milk/Beverage/Assorted Juice

Friday

Hot or Cold Cereal
Biscuit
Sausage Gravy
Hash Browns
Fresh Fruit Cup

Milk/Beverage/Assorted Juice

Saturday

Hot or Cold Cereal
Fried Egg
Bacon
Cinnamon Toast
Fresh Fruit Cup

Milk/Beverage/Assorted Juice

Sunday

Hot or Cold Cereal
Oatmeal
Scrambled Eggs
Sausage Patty
Donut
Fresh Fruit Cup

Milk/Beverage/Assorted Juice



Memory Care & Support

SAMPLE LUNCH MENU

SeniorStar.com/WexfordPlace

Monday

Chicken Adobo
Steamed Rice
Broccoli
Dinner Roll

*****Dessert*****
Fruit Cobbler

Tuesday

Pulled Pork
Corn Casserole
Baked Bean Trio
Cornbread Muffin

*****Dessert*****
Mississippi Mud Cake

Wednesday

Roast Beef
Baked Potato with
sour cream & margarine
Brussel Sprouts
Dinner Roll

*****Dessert*****
Strawberry Shortcake

Thursday

Chicken Parmesan
Buttered Penne Pasta
Asparagus Tips
Garlic Toast

*****Dessert*****
Fruit Crisp

Friday

Fish of the Day
Crispy French Fries
Green Beans
Hush Puppies

*****Dessert*****
Glazed Lemon Cake

Saturday

Glazed Ham with Pineapple
Herb Stuffing
Broccoli Cauliflower Blend
Dinner Roll

*****Dessert*****
Chess Pie

Sunday

Brown Sugar Meatloaf
Mashed Potatoes
Buttered Carrots
Dinner Roll

*****Dessert*****
Pie of the Day



Memory Care & Support

SAMPLE DINNER MENU

SeniorStar.com/WexfordPlace

Monday

Classic Patty Melt

Potato Wedges
Cucumber & Carrot Salad

*****Dessert*****

Banana Pudding

Tuesday

Garden Vegetable Soup

Turkey Club on Croissant
Mandarin Beet Salad

*****Dessert*****

Ice Cream Float

Wednesday

Caprese Flatbread Pizza

Italian Tossed Salad
Breadstick

*****Dessert*****

Sherbet

Thursday

Chicago Style Bratwurst

Coleslaw
Tater Tots

*****Dessert*****

Frosted Cake

Friday

Soup of the Day

Tex-Mex Chicken
Chopped Salad

*****Dessert*****

Angel Peach Dessert

Saturday

BBQ Meatballs

Red Potato Salad
Creamy Sweet Corn
Dinner Roll

*****Dessert*****

Chocolate Chip Brownies

Sunday

Deviled Pork Cutlet with Dijon Sauce
Buttered Bowtie Pasta
Mixed Vegetables

*****Dessert*****

Ambrosia